

THE LOPHAMS' NEWS

No.370

PUBLISHED EACH MONTH SINCE 1982

MARCH 2013

St Andrew's School

St. Andrew's has continued its fantastic start to the New Year.

The school has recently been invited to be a placement school for trainee Headteachers, because of its successful partnership with All Saints, Winfarthing.

Early in February years 1 and 2 pupils enjoyed an afternoon at Diss High School taking part in dance festival. The event was a huge success and children were praised for their outstanding behaviour.

Later in February, year 5 and 6 pupils took part in a Cross Country event at Thorpe Woodlands. Staff and parents were in full admiration for pupils, who successfully ran along a snowy route.

Thank you to FOSTA for organising the Pancake Breakfast for pupils on Shrove Tuesday. The event, which started at 8am, was well attended. Parents worked hard to cook over one hundred fresh pancakes and children enjoyed a variety of toppings including strawberries and cream, chocolate sauce or traditional sugar and lemon.

The half term finished with a trip to London for year 2 - 6 pupils to see the musical Shrek! Although a long day, children enjoyed themselves, with a number having said 'it was the best day ever'.

St. Andrew's now looks forward to the month ahead. Planned events include St. David's Day, Netball and Football matches, Crucial Crew, St. Patrick's Day and Comic Relief.

If you would like to join us for Community Lunch, £3.50 per person, please contact the school on 01379 697253. The forthcoming dates are Thursday 21st March, Thursday 18th April, Thursday 23rd May, Thursday 20th June and Thursday 18th July. We look forward to meeting you!

St Andrew's Pre School

A lot goes on behind the scenes at St Andrew's Pre-School including funding, insurance, advertising -- the list goes on. Our dedicated committee members and volunteers do a great job, but they can't do it alone. We are looking for parents, grandparents, aunts, uncles, neighbours -- who would be willing to help out with just one of those many jobs. Any contribution big or small would be greatly appreciated.

Numbers for the next term are looking good, but there are still a few places available. We welcome children from their second birthday, (nappies welcome) and are open Mondays 08.45 - 11.45 and Wednesdays/Thursdays 08.45 - 15.15.

If you think you can help out or would like to enquire about your child attending, please feel free to contact Tonya or Laura on 07962 219523 or pop in and see us when we are open.

No-one wants the Pre-School to close, please help us to keep it going!

Lophams' Ladies

At our February meeting, Joyce Kimber kept us all enthralled and entertained as we heard about her life on the stage. She recalled acting alongside well-known names of the stage and screen; whether working on the London stage or touring the country, Joyce certainly led a very interesting life. Now nearly 80, it is very evident that acting and singing is still very much part of her life.

On March 5th, Pip Wright will talk on "East Anglia by Bus Pass" and on April 2nd Janet Peachey will talk about preserves. We will also have our short AGM at this meeting.

We meet on the first Tuesday of the month; 7.15pm for 7.30pm in the Village Hall. New members and guests always welcome. Details Tel 01379 687337.

Garden Club

Unfortunately, due to adverse weather conditions, Elizabeth Browne from the "Urban Jungle" was unable to travel to speak at our meeting scheduled for 6th February, and so we had to cancel the meeting entirely. We hope that Elizabeth will be able to visit us at a later date.

At our next meeting on March 6th we shall have our AGM which will be followed by a presentation entitled "Gleanings from Gertrude Jekyll" by Shelagh Ashe, while on 3rd April we very much look forward to welcoming Rick Staines who will talk on "Vegetable Growing".

Our meetings take place in the restaurant area of Blooms Garden Centre on the first Wednesday of each month starting at 7.30pm. Visitors and new members are always very welcome. Telephone 01379 687833 for further information.

North Lopham Parish Council

Next meeting Wednesday 13th March 2013, 7.30 pm, at 'The Mess' outside St Andrew's School.

Lophams' Village Hall

When next you come to the hall, do make sure you look at the display of Sports achievements 2012 in the foyer. Congratulations to Jim and the Lophams' Teams for keeping us on the map! Details of recent competition successes are noted in the News, plus an appeal for netball enthusiasts!

The Lottery fund for the next Bonanza draw has started - if you aren't yet "in", do consider having a go. It's a fun way to support the hall development fund, with three chances each month of winning a prize. L Perry won January's 1st prize of £188.00; 2nd prizes of £47.00 each went to P Woolerton and A Jacob. Anyone who needs to renew, or who wishes to join is invited to make contact: Copies of the full rules and entry forms are available from promoter, Eileen, tel; 01379 687608, from Village Hall Treasurer, Tim Colyer, tel; 01379 687718, from other Village Hall Committee members (see the website for details), or at the Farmers' Market and at Village Hall Events.

Farmer's Markets are on the fourth Saturday each month, from 9am - 12.30pm. The March Market is on 23rd. For details, call Mike on 01379 687 235.

Judo is on Mondays & Wednesdays - (Details from Howard on 01379 688 258).

Dog Training is held most Tuesday evenings, our trainer Elaine (07845 776 110) will provide information.

Lopham Art Group: meets on Wednesday mornings from 9.30am. The cost is £20 each per month, and includes refreshments and a visit from an 'expert' once each month. Contact 01379 687718 for more details.

Yoga with P: is a popular addition to the weekly programme. Sessions are on Thursdays, 5.30 - 6.30pm and 7 - 8pm. Booking is essential, so contact pieternella.jarvie@gmail.com t: 01379 890955 m: 07932010720.

To book the hall for private functions, please contact 01379 687 679. To find out more about the hall generally, visit the website at www.lophamsvillagehall.co.uk.

St Nicholas' Church

Ash Wednesday began on 13th February. A **Lent Course** takes place each Wednesdays at 1.30pm in Lent, in homes in the village. We hope people from all the parishes will come to share these sessions, which are being led by members of the Diss Ministry Team..

Lent Lunches continue on Tuesdays between 12 noon and 2pm, in homes around the village. Everyone is welcome to come and share bread, cheese & pickle, plus fruit juice and hot drinks. All money raised will go to the Diocesan Lent appeal to help two projects in Uganda. See local posters for venues, and do telephone 01379 687679 if you aren't sure where to go, or if you need transport. We would love to see new faces!

Starters and Sweets: was a very enjoyable evening at the Village Hall on 15th February. A happy crowd tried two soups and a wide range of savoury choices, followed by delicious puds - some quite healthy, others 'naughty but extremely nice' - and a cheese board. Many thanks go to all those who prepared the food, donated prizes for the Raffle or who helped with the setting up & clearing away. Though money wasn't the prime object, it was pleasing to add £262 to the funds!

March includes some very important dates in the church calendar -

Mothering Sunday is on 10th. There will be a Special Family Service at 11am, when we will give thanks for Family Life, but especially for Mothers. There will be posies for all the ladies present, plus a few spares, ready for the ladies who come to Evensong at 6.30pm. Perhaps you will be among them?

Music Praise & Worship comes to St Nicholas' Church at 4pm on 17th. All are invited to share refreshments beforehand and an informal Worship time with lots of music

Palm Sunday is on 24th. Again there will be an All Age Family Service at 11am, with palm crosses for distribution. Weekday services during Holy Week will all be at St Mary's Church, Diss. Details are on posters and in the weekly Team News.

On **Good Friday** 29th, we will mark the Last Hour at the Cross between 2pm and 3pm, always a very special 60 minutes.

Decorating the church for Easter begins later that afternoon, or on Saturday 30th. We are always very grateful of gifts of spring flowers and foliage, or help with arranging them to ensure the church looks its very best for

Easter Day 31st March. There will be an all age Easter Communion Service at 11am, led by the Revd Chris Davidson, and followed by an Easter Egg hunt round the building. Do come and share in celebrating this most important day in the church year.

Village Games

On 28th January four teams of sportsmen/women from the Lophams' took part in the alternate village games at the UEA in Norwich.

In **volleyball**, captain Lily Nunn was inspirational as was Holly Flemming carrying the older members to finish runners-up to Diss (a village?) **Dodgeball**, captained by Paul Sturman fielded new boys Jon Hewitt, Luke Owen and Nigel Flemming coming a very creditable 6th. **Handball** was open to the ladies led by Gillian Rednall and, after three gruelling half hour matches, finished 4th. Lastly **ultimate Frisbee** was under the control of our eldest sportsman Mike Cox who, with many others including the youngest Sam Bernard, ended an enjoyable day in 7th place. At the presentation at the finale The Lophams' picked up the "**fair play award**" for our **sportsmanship**. Thanks to everyone who played/supported. The next event will be a netball tournament on April 28th, any female over 14yrs interested, please call Jim Pursehouse on 01379 687330. Visit our Facebook page at "Lophams village games"

Lophams' Bingo

The next session is on **Monday 4th March** at 2pm. Why not come along and have a go?

St Andrew's Church

Easter

The Church will be decorated for Easter on Saturday 30th March in the morning, we would be pleased to see anyone able to help.

Forthcoming events - Craft Fair

There will be a **Craft Fair** in the Church on the 20th and 21st July. If anyone is interested in displaying their Crafts could they please contact Jill Brundell on 01379 687216.

Suffolk Wildlife Trust Talks

These take place at the Redgrave and Lopham Fen Education Centre, £2 including refreshments. Further info 01379 608313.

Tuesday 26th March 7.30pm. '**Luck is the Name**' - a talk by **Pip Wright** - the true story of a Suffolk farming family 1850-1969.

Tuesday 30th April 7.30pm. **Island Parrot Sanctuary** - a talk by **Christine Rivett**. Followed by a short AGM.

The Lophams' Society

Following the departure of Robert McCaw the Society now has a vacancy on its committee, which it is keen to fill. If you would like to help to organise the three events that are held every year to raise funds for the FREE Christmas drop-in, we would be delighted to hear from you. We would especially like to hear from new residents of the Lophams' and those with children at St Andrew's School and any ideas for new events are always welcome.

If you would like to join the committee or just be a friend of the society please contact Granville Horan on 01379 640355 or speak to any member of the committee at our next event which is a **Quiz Night** at the Village Hall on the 15th March starting at 7.30pm.

Events at Redgrave and Lopham Fen

Saturday 9th March, 10.30am – 12.30pm. **Wildlife Watch Group** A club for 6 – 12yr olds, £1. Contact Mike Wraight 01379 644508.

Saturday 23rd March, 10am - 4pm. **Botanical Illustration** – all levels. Join professional botanical illustrator, Christine Grey-Wilson, on this relaxing and supportive workshop looking at a range of illustration techniques. The emphasis is on botanical accuracy using spring flowers and bulbs. £20 Booking essential 01473 890089.

Tuesday 2nd April, 2pm – 4pm. **Springtime Magic Family Afternoon**. Experience the magic of spring at the Fen with outdoor activities, games and crafts. £2.50 per person, children must be accompanied by an adult. Booking essential 01379 688333.

Saturday 13th April, 10.30am – 12.30pm. **Wildlife Watch Group**. A club for 6 – 12yr olds, £1. Contact Mike Wraight 01379 644508.

Sunday 14th April, 10am – 4pm. **Plant Sale**. Over 20 award-winning and specialist nurseries. Perennials, trees, shrubs, ferns, fruit bushes, herbs, seeds and lots more! Plus second hand tools, traditional wooden rakes, mulch, donated plants and homemade fudge. Adults £1.50, children free. Hot and cold refreshments available. Dogs on leads welcome. 01379 688333.

Saturday 27th April, 10am – 4pm. **Drawing and painting trees**. Join Rosemary Humphries, professional artist, and learn how to draw and paint trees close up and in landscape. £25/£21.50 concessions. Booking essential 01473 890089.

Services for March

North Lopham	South Lopham
	3rd March
9.30am HC	-
11am Fam S	-
	10th March
11am Moth S S	-
6.30pm ES	-
	17th March
11am Fam S	9.30am HC
4pm M P W	
	24th March
11am Palm Sunday	-
	31st March
11am Easter Fam HC	-

Contributions for next issue by;

18th MARCH

Please email to
lophamsnews@gmail.com